

Catalog 2024



Children's books

- 8 French albums Felix and Booboo
- 8 English albums Felix and Booboo
- 2 bilingual books
- 2 chapter book

Adult books

- 1 non-fiction book on empathy

Paper, ePUB, PDF and Kindle versions



Children's Books and Non-fiction Adult's Books

Written by a family doctor

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Dr. Nicole Audet

Summary

Dr. Nicole is a specialist in family medicine and holds a master's degree in university health sciences education. She has taught family medicine and pediatrics at Université Laval, Université de Montréal and McGill University. A passionate writer, she devotes her life to changing the world one reader at a time. Over the course of her career, she has published over 30 books (medical, popular health and children's books). She has sold over 150,000 books and won numerous international, national and provincial literary awards.

Distributors

- Paperbooks :
 - Dr. Nicole Publishing
 - Amazon
 - Renaud Bray
 - Book store Carcajou at Rosemère
 - Book store St-Martin at Laval
 - Drug store Horizon Santé at Laval
- ePUB, Kindle and PDF : DeMarque

Literary Awards

Numerous literary awards

- Readers' Favorite Gold Medal
- Readers' Favorite Bronze medals
- 2017 Top Female Author/Authors' Show
- 2016: chosen by Maman Dion as one of Quebec's 10 most inspiring women

Formats des livres

All books are available in paperback, ePUB, PDF, and Kindle. This catalog lists the ISBNs of the paperback versions.

Felix and Booboo/Félix et Boubou

Series Description

- Illustrator : Mylène Villeneuve
- 8 French picture books : 28 pages
- 8 English picture books 24 pages
- Size : 8.5 x 8.5 pouces
- Readers' ages: 4-9 ans
- Content
 - 1 story
 - 1 quiz to challenge reading skills
- Coloring pages on author's website
- Price: 14.99/book
- Readers' Favorite 5 stars for the English series

Allergies



Special Food for Sam/ (English)

ISBN : 978-1-989041-04-8

Des biscuits spéciaux pour Gabriel (French)

ISBN : 978-1-989041-16-1

Synopsis

Felix bakes special cookies for Sam. His magical medical instruments help him prevent the eggs, the nuts and the cow milk from jumping into the cookie dough.

Big challenge for Felix! This book reveals all the secrets of allergies.

Broken Arm



Charles Hurt Himself Playing (English)

ISBN : 978-1-989041-03-1

Charles s'est blessé en jouant (French)

ISBN : 978-1-989041-17-8

Synopsis

Charles broke his arm after falling from a swing. With his magical doctor's bag in hand, Felix took Charles to the hospital. Booboo and his team applied a cast on his arm. This story reveals all the secrets of broken bones healing.

The Human Body



Felix Is Curious About His Body (English)

ISBN : 978-1-989041-06-2

Félix au musée du corps humain (French)

ISBN : 978-1-989041-18-5

Synopsis

Felix visited the human body museum with his magical medical instruments. He learned how blood circulation and filtration work as well as breathing and digestion. Felix also explored the body in motion, the five senses, and the wonders of the brain. With his friend Booboo, he scored 100% on his exam. Read this story and try Felix's exam. Can you score 100%?

Gastroenteritis



Lea Does Not Feel Well (English)

ISBN : 978-1-989041-19-2

Léa a mal au ventre (French)

ISBN : 978-1-989041-18-5

Synopsis

In this fabulous Felix and Booboo story, Lea is suffering with a stomachache. She is vomiting and has diarrhea. Pill, the magic pillbox, saves Lea with his magical potion. This story reveals all the secrets of gastroenteritis.

Otitis



Lucas Has an Earache (English)

ISBN : 978-1-989041-02-4

Lucas a mal à l'oreille (French)

ISBN : 978-1-989041-20-8

Synopsis

Lucas, Felix's cousin, cannot swim because he has an ear infection. Fortunately, Felix and his magical instruments have a good solution to fight the bacteria responsible for this infection. This story reveals the secrets of otitis.

Lice



Maya's Head Is Itching (English)

ISBN : 978-1-989041-05-5

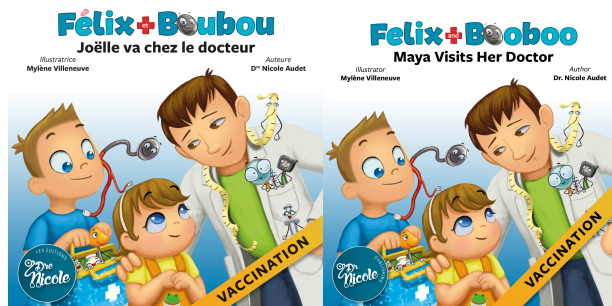
Joëlle se gratte la tête (French)

ISBN : 978-1-989041-21-5

Synopsis

In this exciting adventure, Felix and his magical medical instruments hunted down Maya's head lice. Booboo, the captain of the instruments, told Maya all about head lice. Read this picture book to become a fabulous lice hunter.

Vaccination



Lucas Maya Visits Her Doctor (English)

ISBN : 978-1-989041-01-7

Joëlle va chez le docteur (French)

ISBN : 978-1-989041-22-2

Synopsis

Felix's sister Maya was afraid to go to the doctor for a vaccine. Fortunately, Felix, his stethoscope Booboo and his magical doctor's bag, helped her get over her fears. Lucky Maya. She got a beautiful princess sticker for her collection. Read this story to find out all the secrets of the medical visit and vaccination.

Chickenpox



Amy Has a Rash (English)

ISBN : 978-1-989041-07-9

Sabrina a des boutons (French)

ISBN : 978-1-989041-23-9

Synopsis

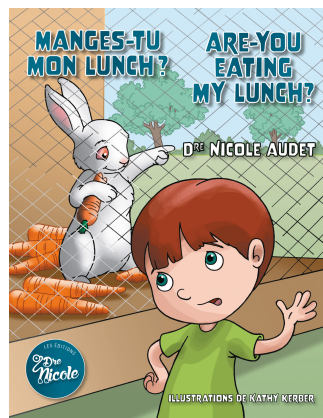
Felix ran to Amy's home with his magical doctor's bag. Her body was covered with red pimples, and Booboo told her she had chickenpox. Felix and all the magical instruments except View, the otoscope, had already caught this disease. Amy and View will have to be brave against the virus. Read this story to know all the secrets of chickenpox.

Bilingual Books

Series Description

- Illustrators: Mylène Villeneuve (Farm) et Kathy Kerber (Zoo)
- Bilingual picture books (English and French)
- Readers: 3-6 years old and first reader
- Content
 - 1 story
 - 2 quizzes
 - Reading skills
 - Calculation
- Price: 19.99/book
- 32 pages
- Size : 8,5x11 inches

Manges-tu mon lunch ?/Are You Eating My Lunch



Manges-tu mon lunch ?/Are You Eating My Lunch?

ISBN : 978-1-998096-07-7

Synopsis

Xavier visits the zoo. At lunch time, he can't find his lunch box. He decides to investigate. He asks all the animals the same question: "Are Eating My Lunch?" During his investigation, he will learn animals' favorite food. The happy ending will make young readers laugh and ask to read this story again and again. This book is written in English and French.

Grève à la ferme de Charles/Strike At Charles' Farm



Grève à la ferme de Charles/Strike At Charles' Farm

ISBN : 978-1-998096-02-2

Synopsis

In this 32-page bilingual (English/French) picture book, a young boy named Charles leads a farm. One day, he faces a problem. His farm animals go on strike. They refuse to work, want to eat more food or sleep longer. Charles asked all his animals what would make them happy. After listening to them one by one, he gathered them in the barn.

Charles told them that he understood their needs. He offered to sell them to the zoo. The animals could have food and sleep all day long for the rest of their lives without any obligation to work. Read this story to know if Charles' animal will go back to work or move to the zoo.

Chapter Books

Description

- Illustrator : Sonny Heston
- Size : 8,5 x 8,5 inches
- French books: 48 pages
 - 1 story
 - Vocabulary
 - Quizzes
- English Books :36 pages
 - 1 story
- Readers: 8 à 11 years old
- Price: 14.99/book
- Coloring pages available on author's website

Parents for Sale/Vente de parents



Parents for Sale (English)

ISBN : 978-1-998096-12-1

Vente de parents (French)

ISBN : 978-1-989041-96-3

Synopsis:

In this illustrated chapter book, the Clark family encounters a dilemma. Twins Luke and Lucy don't take care of their dog, Pistachio, as they had promised their parents they would. One day, their parents decided to sell the dog. A few hours later, when Luke and Lucy's parents were at the store, the twins planned to switch the sign 'Dog for Sale' for a new one 'Parents for Sale'.

As the story progresses, three groups of children from different families in the Twins' neighborhood approached Luke and Lucy with offers to buy, rent or trade the twins' parents for various reasons. Luke and Lucy declined all offers except one from the orphan fair. She offered to buy the twins' parents for \$300.

But just as the twins agreed to the sale, the fairy changed into her true form 'a wicked witch' planning to turn the twins' mom and dad into a stew. The twins failed to renegotiate the deal to save their parents from the hungry witch. Pistachio and the twins fought with the witch on her magic broom.

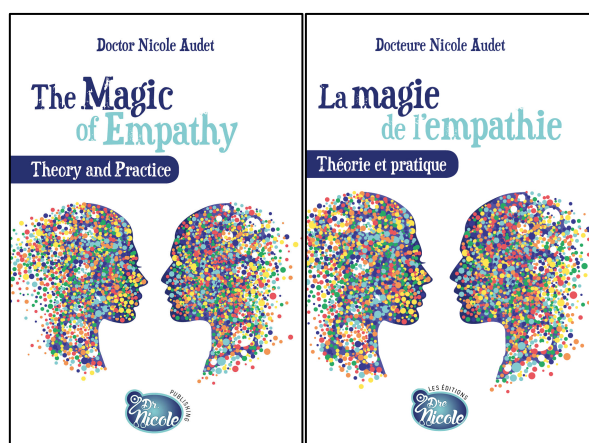
Will Pistachio save the Clark family from the witch? Readers will find out the answer to this and other questions in this tale of morality and responsibility. First edition won Readers' Favorite Bronze medal.

Non-Fiction Books

Description

- 96 pages
- Empathy theory and practice
- 11 true stories
- Readers : Adults and health professionals
- Price: 15.99/book
- The author offers conferences on Empathy

The Magic of Empathy/ La magie de l'empathie/



The Magic of Empathy (English)

ISBN : 978-1-989041-89-5

La magie de l'empathie (French)

ISBN : 978-1-989041-83-3

Synopsis

So many of our relationships—including those most important to us are complicated by not listening: we are eager to speak, we talk over each other, or we unintentionally disregard the inner others' emotions. This problem happens mostly in the working world, where a gap exists between professional efficiency and true human connection. In this heart-warming and radically honest book, Dr. Nicole identifies the remedy for resolving the pain and distance caused by miscommunication: empathy. Empathy, the ability to recognize and make space for others' emotions without judgment, is both an action and a choice. Discovering the

power of empathy to heal and create connections dramatically improved Dr. Nicole's life, both as a mother and a doctor. The initial chapters demystify the theory of communication, focusing on empathy in theory and practice. Dr. Nicole also shares numerous powerful stories from her own life and career that reveal how empathy has led to authentic connections and long-term healing. Lastly, she provides the reader with proven exercises that will allow you to practice listening without judgment, honoring silence, responding with wisdom, and speaking from the heart. Such communication skills will open the doors to moments of pure magic in your life. Foreword by Ruth Vachon, President and CEO of the Quebec Business Women's Network.

Readers' Favorite 5 Stars book